

Studio SI • August 2016 • EASTSIDE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	2 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	3 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	4 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning MIX @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	5 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	6 9:00a Zumba @ West 9:00a Zumba @ East
7 3:00 Zumba @ West 3:00 Zumba @ East	8 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West	9 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Boot Camp @ West 5:30 PiYo @ East 6:45 Zumba @ West 6:45 Zumba @ East	10 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	11 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	12 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	13, 9:00a Zumba @ West 9:00a RIPPED @ East Rock Your Resolution EVENT 1:00-4:00 @ The Bridge \$15 Advance \$20 @ Door
14 3:00 Zumba @ West 3:00 Zumba @ East	15 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	16 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	17 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	18 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning MIX @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	19 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	20 9:00a Zumba @ West 9:00a Zumba @ East
21 3:00 Zumba @ West 3:00 Zumba @ East	22 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West	23 4:15 Zumba @ West 4:15 Zumba @ East 5:30 TurboKick @ West 5:30 Zumba Toning/Mix @ East 6:45 Zumba @ West 6:45 Zumba @ East	24 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	25 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	26 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	27, 9:00a Zumba @ West 9:00a Zumba @ East
28 3:00 Zumba @ West 3:00 Zumba @ East	29 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	30 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 STRONG @ West 6:45 Zumba @ East	31 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East			

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