

August 2017 • Studio SI • EASTSIDE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 BootCamp @ East 6:45 Zumba @ West 6:45 Zumba @ East	2 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	3 4:15 Zumba @ West 4:15 Zumba @ East 5:30 BootCamp @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	4 9:00 Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ East	5 9:00a Zumba @ West 9:00a Zumba @ East
6 3:00 Zumba @ West 3:00 Zumba @ East	7 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	8 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 BootCamp @ West 6:45 Zumba @ East	9 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	10 4:15 Zumba @ West 4:15 Zumba @ East 5:30 INSANITY @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	11 9:00 Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ East	12 9:00a Zumba @ West 9:00a Zumba @ East
13 3:00 Zumba @ West 3:00 Zumba @ East	14 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 BootCamp @ West	15 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Zumba @ West 6:45 Zumba @ East	16 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	17 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning Mix @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	18 9:00 Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ East	19 9:00a R.I.P.P.E.D. @ West 9:00a Zumba @ East
20 3:00 Zumba @ West 3:00 Zumba @ East	21 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	22 4:15 Zumba @ West 4:15 Zumba @ East 5:30 BootCamp @ West 5:30 STRONG @ East 6:45 Zumba @ West 6:45 Zumba @ East	23 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	24 4:15 Zumba @ West 4:15 Zumba @ East 5:30 BootCamp @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	25 9:00 Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ East	26 9:00a Zumba @ West 9:00a Zumba @ East
27 3:00 Zumba @ West 3:00 Zumba @ East	28 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 R.I.P.P.E.D. @ West	29 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 INSANITY @ West 6:45 Zumba @ East	30 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	31 4:15 Zumba @ West 4:15 Zumba @ East 5:30 STRONG @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West		

Visit www.TheStudioSI.com for more details!