

Studio SI • February 2016 • EASTSIDE (Howell Road)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West 6:45 Zumba @ East	2 4:15 Zumba @ West 4:15 Zumba @ East 5:30 TurboKick @ West 5:30 Zumba Toning @ East 6:45 Zumba @ West 6:45 Zumba @ East	3 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	4 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	5 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	6 9:00a Zumba @ West 9:00a Zumba @ East
7 3:00 PiYo West 3:00 Zumba East	8 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 INSANITY @ East	9 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	10 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	11 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	12 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	13 9:00a Zumba @ West 9:00a Zumba @ East
14 3:00 Zumba West 3:00 Zumba East	15 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West 6:45 Zumba @ East	16 4:15 Zumba @ West 4:15 Zumba @ East 5:30 TurboKick @ West 5:30 Zumba Toning @ East 6:45 Zumba @ West 6:45 Zumba @ East	17 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	18 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	19 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	20 9:00a Zumba @ West 9:00a Zumba @ East
21 1:45 Newbie @ WEST \$10 3:00 Zumba West 3:00 Zumba East	22 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 INSANITY @ East	23 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	24 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	25 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	26 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	27 9:00a Zumba @ West 9:00a Zumba @ East
28 3:00 Zumba West 3:00 Zumba East	29 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West 6:45 Zumba @ East					

For more information, please visit: www.TheStudioSI.com