

January 2016 – Studio SI – Westside

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
						9:00a Zumba @ 9:00a Zumba @
3	4	5	6	7	8	9
3:00 Zumba West 3:00 Zumba East	9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 Zumba. @ East	4:15 Zumba @ West 4:15 Zumba @ East 5:30 TurboKick @ West 5:30 Zumba Toning @ East 6:45 INSANITY @ West 6:45 Zumba @ East	9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 CLuB Fitness @ West	9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	9:00a Zumba @ 9:00a Zumba @
10,	11	12	13	14	15	16
1:45 Newbie Class @ WEST \$10 3:00 Zumba West 3:00 Zumba East	9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 WERQ @ East	4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 TurboKick @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 CLuB Fitness @ West	9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	9:00a Zumba @ 9:00a Zumba @
17	18	19	20	21	22	23
3:00 Zumba West 3:00 Zumba East	9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 Zumba @ East	4:15 Zumba @ West 4:15 Zumba @ East 5:30 TurboKick @ West 5:30 Zumba Toning @ East 6:45 INSANITY @ West 6:45 Zumba @ East	9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 CLuB Fitness @ West	9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	9:00a Zumba @ 9:00a Zumba @
24	25	26	27	28	29	30
3:00 Zumba West 3:00 Zumba East	9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 WERQ @ East	4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 TurboKick @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 CLuB Fitness @ West	9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	9:00a Zumba @ 9:00a Zumba @
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