

Studio SI • July 2016 • EASTSIDE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	2 9:00a Zumba @ West 9:00a Zumba @ East
3 3:00 Zumba @ West 3:00 Zumba @ East	4 Studio SI CLOSED Independence Day	5 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	6 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	7 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning MIX @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	8 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	9 9:00a Zumba @ West **NO Class Studio SI – WI all members welcome at the studio at no e charge
10 3:00 Zumba @ West 3:00 Zumba @ East	11 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	12 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Boot Camp @ West 5:30 Zumba Toning/Mix @ East 6:45 Zumba @ West 6:45 Zumba @ East	13 9:00a Zumba @ West 5:30 Zumba @ West 5:30 INSANITY @ East 6:45 PiYo @ West 6:45 Zumba @ East	14 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	15 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	16 9:00a Zumba @ West 9:00a Zumba @ East
17 3:00 Zumba @ West 3:00 Zumba @ East	18 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West	19 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	20 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	21 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning MIX @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	22 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	23, 9:00a Zumba @ West 9:00a Zumba @ East
24 3:00 Zumba @ West 3:00 Zumba @ East	25 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	26 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Boot Camp @ West 5:30 Zumba Toning/Mix @ East 6:45 Zumba @ West 6:45 Zumba @ East	27 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	28 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	29 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East	30 9:00a Zumba @ West 9:00a Zumba @ East
31 3:00 Zumba @ West 3:00 Zumba @ East						

For more information, check out our website at www.TheStudioSI.com