

Studio SI • September 2016 • WEST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning MIX @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	2 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	3 9:00a Zumba @ West 9:00a INSANITY @ East
4 3:00 Zumba @ West 3:00 Zumba @ East	5 Studio SI CLOSED Labor Day	6 4:15 Zumba @ West 4:15 Zumba @ East 5:30 TurboKick @ West 5:30 Zumba @ East 6:45 Zumba @ West 6:45 Zumba @ East	7 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	8 4:15 Zumba @ West 4:15 Zumba @ East 5:30 STRONG @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	9 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	10 9:00a Zumba @ West 9:00a Zumba @ East
11 3:00 Zumba @ West 3:00 Zumba @ East	12 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West	13 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Zumba @ West 6:45 Zumba @ East	14 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	15 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning MIX @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	16 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	17 9:00a Zumba @ West 9:00a STRONG @ East
18 3:00 Zumba @ West 3:00 Zumba @ East	19 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	20 4:15 Zumba @ West 4:15 Zumba @ East 5:30 TurboKick @ West 5:30 STRONG @ East 6:45 Zumba @ West 6:45 Zumba @ East	21 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	22 4:15 Zumba @ West 4:15 Zumba @ East 5:30 STRONG @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	23 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	24 9:00a Zumba @ West 9:00a Zumba @ East
25 1:45 Newbie Class @ WEST (\$10/2 hours) 3:00 Zumba @ West 3:00 Zumba @ East	26 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West	27 4:15 Zumba @ West 4:15 Zumba @ East 5:30 STRONG @ West 5:30 PiYo @ East 6:45 Zumba @ West 6:45 Zumba @ East	28 9:00a Zumba @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West 6:45 Zumba @ East	29 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba Toning MIX @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	30 9:00a Zumba Toning @ West 9:00 Zumba @ East 5:30 Zumba @ East	

For more information visit www.THESTUDIOSI.com.