

Studio SI • July 2017 • EASTSIDE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00a Zumba @ West 9:00a Zumba @ East
2 3:00 Zumba @ West 3:00 Zumba @ East	3 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba in the CLuB @ West	4 Studio SI CLOSED Independence Day	5 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	6 4:15 Zumba @ West 4:15 Zumba @ East 5:30 STRONG @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	7 9:00 Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ East	8 9:00a Zumba @ West 9:00a Zumba @ East
9 3:00 Zumba @ West 3:00 Zumba @ East	10 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 BootCamp @ West	11 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 STRONG @ East 6:45 Zumba @ West 6:45 Zumba @ East	12 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	13 4:15 Zumba @ West 4:15 Zumba @ East 5:30 INSANITY @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	14 9:00 Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ East	15 9:00a Zumba @ West 9:00a Zumba @ East
16 3:00 Zumba @ West 3:00 Zumba @ East	17 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	18 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 R.I.P.P.E.D. @ West 6:45 Zumba @ East	19 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	20 4:15 Zumba @ West 4:15 Zumba @ East 5:30 BootCamp @ West 5:30 BootCamp @ East 6:45 CLuB Fitness @ West	21 9:00 Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ East	22 9:00a Zumba @ West 9:00a Zumba @ East
23, 3:00 Zumba @ West 3:00 Zumba @ East	24 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning Mix @ West	25 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Zumba @ West 6:45 Zumba Sentao @ East	26 9:00a Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	27 4:15 Zumba @ West 4:15 Zumba @ East 5:30 INSANITY @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	28 9:00 Zumba @ West 9:00 Zumba @ East 5:30 Zumba @ East	29 9:00a Zumba @ West 9:00a Zumba @ East
30 3:00 Zumba @ West 3:00 Zumba @ East	31 9:00a Zumba @ West 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 R.I.P.P.E.D. @ West					

