

Studio SI • July 2018 • EASTISDE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 3:00 Zumba @ West 3:00 Zumba @ East	2 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba in CLUB @ West 6:45 Zumba Toning @ East	3 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Social Hour @ West 6:45 Zumba @ East	4 <u>Independence Day</u> Studio SI CLOSED	5 4:15 Zumba @ West 4:15 Zumba @ East 5:30 STRONG @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	6 9:00 Zumba @ East 4:15 Zumba @ West	7 9:00a Zumba @ West 9:00a Zumba @ East
8 3:00 Zumba @ West 3:00 Zumba @ East	9 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 Zumba @ East	10 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 STRONG by Zumba @ East 6:45 Social Hour @ West 6:45 Zumba @ East	11 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	12 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Boot Camp @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	13 9:00 Zumba @ East 4:15 Zumba @ West	14 9:00a Zumba @ West 9:00a Zumba @ East
15 3:00 Zumba @ West 3:00 Zumba @ East	16 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 BOOTCAMP @ West 6:45 Zumba @ East	17 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Social Hour @ West 6:45 Zumba @ East	18 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	19 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Boot Camp @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	20 9:00 Zumba @ East 4:15 Zumba @ West	21 9:00a Zumba @ West 9:00a Zumba @ East
22 3:00 Zumba @ West 3:00 Zumba @ East	23 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 Zumba @ East	24 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 STRONG by Zumba @ East 6:45 Social Hour @ West 6:45 Zumba @ East	25 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	26 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Boot Camp @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	27 9:00 Zumba @ East 4:15 Zumba @ West	28 9:00a Zumba @ West 9:00a Zumba @ East
29 3:00 Zumba @ West 3:00 Zumba @ East	30 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 Zumba @ East	31 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Social Hour @ West 6:45 Zumba @ East				

For more information on Studio SI, visit www.TheStudioSI.com.