

Studio SI • August 2018 • EASTSIDE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	2 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Boot Camp @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	3 9:00 Zumba @ East 4:15 Zumba @ West	4 9:00a Zumba @ West 9:00a Zumba @ East
5 3:00 Zumba @ West 3:00 Zumba @ East	6 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba in CLuB @ West 6:45 Zumba @ East	7 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Social Hour @ West 6:45 INSANITY @ East	8 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	9 4:15 Zumba @ West 4:15 Zumba @ East 5:30 STRONG by Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	10 9:00 Zumba @ East 4:15 Zumba @ West	11 9:00a Zumba @ West 9:00a Zumba @ East
12 3:00 Zumba @ West 3:00 Zumba @ East	13 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba in CLuB @ West 6:45 Zumba @ East	14 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Social Hour @ West 6:45 Boot Camp @ East	15 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 INSANITY @ West	16 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Boot Camp @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	17 9:00 Zumba @ East 4:15 Zumba @ West	18 9:00a Zumba @ West 9:00a Zumba @ East
19 3:00 Zumba @ West 3:00 Zumba @ East	20 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 Zumba @ East	21 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 STRONG by Zumba @ East 6:45 Social Hour @ West 6:45 Zumba Toning @ East	22 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	23 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	24 9:00 Zumba @ East 4:15 Zumba @ West	25 9:00a Zumba @ West 9:00a Zumba @ East
26 3:00 Zumba @ West 3:00 Zumba @ East	27 9:00a Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ West 6:45 Zumba @ East	28 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Social Hour @ West 6:45 Boot Camp @ East	29 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	30 4:15 Zumba @ West 4:15 Zumba @ East 5:30 STRONG by Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	31 9:00 Zumba @ East 4:15 Zumba @ West	

For more information visit www.TheStudioSI.com.