

September 2018 • Studio SI • Westside

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00a Zumba @ West 9:00a Zumba @ East
2 3:00 Zumba @ West 3:00 Zumba @ East	3 CLOSED for Labor Day	4 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Zumba @ East	5 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	6 4:15 Social Hour @ West 4:15 Zumba @ East 5:30 STRONG by Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	7 9:00 Zumba @ East 4:15 Zumba @ West	8, 9:00a Insanity @ West 9:00a Zumba @ East
9 3:00 Zumba @ West 3:00 Zumba @ East	10 9:00a Zumba @ East 4:15 Social Hour @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ East	11 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 PiYo @ East 6:45 Zumba @ East	12 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Insanity @ West	13 4:15 Social Hour @ West 4:15 Zumba @ East 5:30 STRONG by Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	14 9:00 Zumba @ East 4:15 Zumba @ West	15 9:00a Zumba @ West 9:00a Zumba @ East
16 3:00 Zumba @ West 3:00 Zumba @ East	17 9:00a Zumba @ East 4:15 Social Hour @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba @ East	18 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Insanity @ East	19 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	20 4:15 Social Hour @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	21 9:00 Zumba @ East 4:15 Zumba @ West	22, 9:00a Insanity @ West 9:00a Zumba @ East
23 3:00 Zumba @ West 3:00 Zumba @ East	24 9:00a Zumba @ East 4:15 Social Hour @ West 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Zumba Toning @ East	25 4:15 Zumba @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 Insanity @ East	26 9:00 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 PiYo @ West	27 4:15 Social Hour @ West 4:15 Zumba @ East 5:30 Zumba @ West 5:30 Zumba @ East 6:45 CLuB Fitness @ West	28 9:00 Zumba @ East 4:15 Zumba @ West	29 9:00a Zumba @ West 9:00a Zumba @ East
30 DM, 3:00 Zumba @ West 3:00 Zumba @ East						

Visit www.TheStudioSI.com for more information and follow us on Facebook for our instructor schedule!